

THE SHIP

KITCHEN · BAR · LOUNGE

TRADITIONAL BREAKFAST

SHIP'S SMALL BREAKFAST | £7.25 1 Sausage, 1 Bacon, 1 Egg, Mushrooms Tomato, Black pudding, Potato Tots, Beans and 1x Toast

SHIP'S LARGE BREAKFAST | £10.95 2 Sausage, 2 Bacon, 2 Eggs, Mushrooms, Black pudding, Potato Tots, Beans and x2 Toast

SHIP'S HEALTHY BREAKFAST | £9.95 x2 Chicken Sausages, Bacon, x2 Poached Eggs, Tomato, Mushrooms, Beans, Avocado and x2 brown toast.

SCRAMBLED EGGS | £6.25 Served with Avocado and Sourdough.

PORRIDGE | £3.95 Creamy Penut butter Porridge. Served with Blueberries, Honey, and Cinnamon.

YOGHURT | £4.95 Greek yoghurt. Served with Granola, Seeds, Honey & mixed Berries

PROTEIN FAVOURITES

PROTEIN PANCAKES | £6.25

Fluffy, protein-packed Pancakes, served with Fresh berries, a drizzle of maple syrup, and a dollop of creamy Greek Yoghurt.

BLEND & BOOST SHAKES £4.25

ALL MADE WITH FRESH FRUIT AND YOGHURT.

BLUEBERRY MUFFIN

Blueberries, Banana, Oats, Vanilla Protein & Almond Milk.

BANANA RAMA

Banana, Peanut Butter, Chocolate Protein & Oat Milk.

STRAWBERRY SWING

Strawberries, Greek Yogurt Honey, Vanilla protein & Coconut Milk.

MANGO MADNESS

Mango, Pineapple, Ginger, Coconut Yoghurt, & Vanilla Protein.

SIGNATURE BRUNCH

SAUTÉED MUSHROOMS | £6.25 Served with fresh poached Eggs, Spinach with Sourdough.

EGGS BENEDICT | £7.25

+ Salmon | £2.00

Two perfectly poached Eggs, with Ham, Mushrooms or Spinach.

SMOKED SALMON & CREAM CHEESE BAGEL | £8.25

Toasted Bagel layered with smooth Cream Cheese, Smoked Salmon, garnished with Cucumber Ribbons and Red Onion.

SIRLOIN STEAK | £13.95

Savor a perfectly cooked steak, cooked just how you like it! Served with Fresh Eggs, creamy smashed Avocado, and Sourdough.

HOT AND COLD DRINKS

Mimosa Cocktail £6.00

Extra Espresso Shot + £0.50 Add Syrup | £0.50 Hazelnut | Caramel | Vanilla

Espresso £2.80 J20 £2.50 Americano | £2.80 Fruit Shoot £2.00 Cappuccino £2.80 **Apple Juice** £2.00 Latte

£2.80 Flat White £2.80 Orange Juice | £2.00

Macchiato £2.80

Mocha £2.80 Long Black | £2.50

Pot of Tea | £2.00

Iced Americano £2.80

Iced Latte £3.50

Iced Cappuccino £3.50

Alternative Milks: Almond | Soya | Oat